**БЕКБАЕВА Лаззат Махаббатқызы,**

**Керімағаш-Арасан ауылындағы орта мектебінің ағылшын тілі пәні мұғалімі.**

**Жетісу облысы, Панфилоф ауданы**

**HEALTHY FOOD (THIS RELATES TO MATHS AND BIOLOGY)**

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| **Learning objectives** | | 8.1.2.1 Use speaking and listening skills to provide sensitive feedback to peers  8.1.10.1 Use talk or writing as a means of reflecting on and exploring a range of perspectives on the world  8.3.5.1 Interact with peers to negotiate, agree and organise priorities and plans for completing classroom tasks | | | |
| **Lesson objectives** | | **Learners will be able to:**  Learn about useful nutrients  Read and understand the main points in extended talk on the topic  Discuss and give their opinions about healthy food | | | |
| **Previous learning** | | Healthy food | | | |
| **Plan** | | | | | |
| **Planned timings** | **Planned activities** | | **Learners’ activities** | **Evaluation** | **Resources** |
| **Beginning**  **10 min** | **Greeting:**  -Good afternoon, pupils! I’m glad to see you!  -How are you today?  -Who is absent today?  -Are you ready for the lesson?  **Warm-up:**  Look at the blackboard and who want to read this proverb?  - What about this proverb?  “An apple a day keeps the doctor away” – «Яблоко на обед или ужин и доктор не ужен».  “A healthy man is a successful man” – «Здоровый человек – счастливый человек».  “Eat to live, not live to eat” «Ешь, чтобы жить - не живи, чтобы есть.»  “Eat well, drink in moderation, and sleep sound, in these three good health abound”  - Yes you are right! That is  what is the theme of our lesson?  Here are objectives of today’s lesson. | | P1  P2  P3  P4 This proverb is about food and health.  P4 The theme of the lesson “Healthy food” | Verbal evaluation | (1st slide)-title of the lesson  presentation (2st slide)-obj  Presentation  (3rd slide) |
| **Middle**  **30 min** | Today at our lesson we shall discuss problems of healthy eating, you will learn how to eat well in order to be healthy.  You will do some exercises, practice in reading and speaking about health food and junk food too and by the end of the lesson you will do an online test about healthy eating.  At first let’s go to watch a video about health food.  **Task1**. Let’s get to the seven important things that are in food and help people to be healthy, strong and energetic.  Now let’s discuss why it’s important to еat all the seven important things. Look at the screen, you can see your daily diet here.  **Task2**Listening  Listen comprehension:**Healthy food** interactive worksheet .  You must watch and listen to the video to complete the dialogue below.  **Task3**  People are talking about their eating habits. What does each person eat? Listen and circle the correct answer.  Answer & Transcript  **1** b   **2** c   **3** b   **4** a   **5** b  **Task4**  You know that fruits and vegetables have a lot of vitamins. They help to get better our organism. For example banana has much potassium and so it is good for heart , brains teeth.  The next task group work will do a  poster .This group will tell about health food.  And second group about junk food  OK! Good job  **Task 4 Pair work**  I brought you a cake. Each piece of cake has different questions. You must answer these questions and receive your gifts. If you do not answer, you will not receive a gift. | | Learners need to write down an important information from the video.  They are: vitamins, carbohydrates, fats, protein, minerals, fluid and fibre  Learners speak what food is healthy and what food unhealthy | Mutual avaluation | C:\Users\admin\Downloads\тапсырма.jpg  Audio Player |
| **End**  **5 min** | **Reflection:**  Take your stickers and write down your comments in 1 sentence  -If the lesson was interesting and useful for you, stick on this picture.  -If the lesson was boring and useless for you, stick on this picture. | |  | Self-assessment |  |